## BRAMLEY OAK ACADEMY LUNCH MENU - AUTUMN TERM 2023 AND SPRING TERM 2024

## WEEK (1)

(6.11.23) (27.11.23) (18.12.23) (15.1.24) (5.2.24) (4.3.24) (25.3.24)



Sausage, Mash and beans
Vegetable Meatballs and Pasta (V)
Jacket Potatoes/Salads/Cold Meats
Fruit Salad and Cream
Yoghurt or Fruit

Sweet and Sour Pork with New Potatoes and mixed vegetables Vegetable Burger (V) Jacket Potatoes/Salads/Cold Meats Chocolate Mousse Yoghurt or Fruit

Roast Gammon
Roast Potatoes, Carrots and Peas
Vegetable Stir Fry (V)
Jacket Potatoes/Salads/Cold Meats
Apple Crumble and Custard
Yoghurt or Fruit

Chicken Biriyani
Vegetable Biriyani (**V)**Jacket Potatoes/Salads/Cold Meats
Jelly and Cream
Yoghurt or Fruit

Macaroni Cheese (**V**)
Warm Flap Jacks
Jacket Potatoes/Salads/Cold Meats
Yoghurt or Fruit

#### **WEEK (2)**

(13.11.23) (4.12.23) (3.1.24) (22.1.24) (19.2.24) (11.3.24)



Margherita Pizza, with a mixed salad (V)
Jacket Potatoes/Salads/Cold Meats
Melon Cocktail
Yoghurt or Fruit

Chilli and Rice
Vegetable Bake (V)
Jacket Potatoes/Salads/Cold Meats
Strawberry Mousse
Yoghurt or Fruit

Roast Chicken and Stuffing Roast Potatoes, Carrots & Cabbage Vegetarian Stroganoff and Rice (V) Jacket Potatoes/Salads/Cold Meats Banana Bread Yoghurt or Fruit

Beef Hotpot with Peas
Vegetarian Hotpot with Peas (V)
Jacket Potatoes/Salads/Cold Meats
Home Made Crepes with Chocolate Sauce
Yoghurt or Fruit

Breaded Cod Fillet,
with Home Made Wedges and Hoops
Vegetarian Sausages (V)
Jacket Potatoes/Salads/Cold Meats
Roasted Pineapple and Honey
Fruit or Yoghurt

**WEEK (3)** 

(20.11.23)(11.12.23)(8.1.24) (29.1.24)(26.2.24)(18.3.24)



Chinese Style Chicken and Noodles, Vegetarian Chili and Rice (V) Jacket Potatoes/Salads/Cold Meats Peaches and Cream Yoghurt or Fruit

Beef Casserole with Parsley Potatoes Home Made Soup of the Day (V) Jacket Potatoes/Salads/Cold Meats Butterscotch Mousse Yoghurt or Fruit

Roast Pork with Apple Sauce Roast Potatoes, Carrots & Leeks Cheese and Onion Slice (V) Jacket Potatoes/Salads/Cold Meats Vanilla Sponge and Custard Yoghurt or Fruit.

Spanish Chicken with Fondant Potatoes
with Broccoli Cheese
Vegetable Samosa and Salad (V)
Jacket Potatoes/Salads/Cold Meats
Bread and Butter Pudding and Cream
Yoghurt or Fruit

Tuna Pasta Bake Tomato Pasta Bake (**V**) Jacket Potatoes/Salads/Cold Meats Selection of Yoghurts

- Bramley Oak school lunches can:
  - -Develop your child's social skills, by eating with others.
  - -Develop you child's taste for different foods.
- We are currently starting to grow our own vegetables and herbs. These will be available when in season.
- All pupils have a drink and a healthy snack each morning free of charge.
- **V** Vegetarian Option.

## **Menu Facts**

- Our menus meet recognised nutritional standards for children.
- No genetically modified ingredients or mechanically recovered meats are used.
- All meat dishes are only made from quality cuts of meat.
- Additives it is our policy to use food products containing no, or minimal additives, and only use those on the government's permitted list.

# **Pupil/Staff/Visitor Promise**

- Listen and respond to their need.
- Treat everyone equally and with respect.
- Aim to achieve consistently high levels to their satisfaction.
- Adhere to high hygiene and health safety standards.